

HELPFUL TIPS FOR AT-HOME LEARNING

Here are some ideas of things you can do to help keep your children learning while school is not in session. The most important thing your family can do is read and have conversations.

Elementary: Pre-K — 5th Grade



READING

- Have your child read for at least 20 minutes each day either on their own or with an adult. There are many options available that you may already have available in your home:
 - Books and nursery rhymes
 - Magazines, newspapers or online news and sports articles
 - Flyers
 - Food packaging and recipes
- Try turning your TV on mute and turning on closed captions
- Have older children read to younger family members
- After reading, have students tell you about the details or characters of a story and discuss what they learned
- Say the alphabet daily with your child and have them think of words that begin or end with each letter
- Storytelling at home:
 - Someone in the home begins a story with “Once upon a time”
 - Each person in the home takes turns adding details or events to the story
 - If someone gets stuck, ask “And then what happened?”
- Practice sight words with your child — these are some of the most commonly used words that generally have six or fewer letters (words like about, the, right and small). For more information, including an extensive list of suggested sight words by grade, visit www.sightwords.com



WRITING

- Have your child practice writing letters and numbers
- Have your child write or make up stories, songs and poems, or write letters to friends or a teacher
- Watch select news stories with your child or select a news article to read with them
 - Talk about what you and your child notice in the article
 - Have your child write using prompts:
 - “In this article I noticed...”
 - “This article makes me think...”
 - “I wonder...”



MATH

- Count to 100 each day. Work on skip-counting by 2s, 3s, 5s and 10s
- Children can count, add or subtract objects around the house or outside in nature
- Practice math facts:
 - Use paper or index cards and make flashcards to practice with your child. Go to www.helpingwithmath.com for fact tables to support.
 - Depending on child’s comfort level, these could include basic addition, subtraction, multiplication or division
- Discuss numbers that are greater than or less than each other